



# Overview

Page 1 – Catering Menu

Page 2 – Specialty Catering Menu

Page 3 – Packages and Pricing

## Contact Info:

Miko Neal

Phone Number: (916) 936-0085

Email: [caliheartnsoul@gmail.com](mailto:caliheartnsoul@gmail.com)

**\*\*Wedding Menu Planning available\*\***

**\*\*If you don't see items you may want for an event, reach out, we can make it happen\*\***



## Catering Menu

### Appetizers

- Chicken Wings (BBQ, Hennessey, Lemon Pepper)
- Stuffed Mushrooms
- Artichoke/Spinach Dip
- Hush Puppies
- Deviled Eggs (Fried or Regular)
- Spinach & Cream Cheese Pinwheel Sandwich
- Sliders (Turkey, Beef, Pulled Pork, or Shredded Chicken)
- Twice Baked Potatoes
- Cajun Shrimp or Seafood Dip
- Salmon Cakes/Croquettes
- Crab Cakes/Croquettes
- Seafood & Cream Cheese stuffed jumbo shells

### Meats

- Chicken (Baked/Fried/Smothered/BBQ)
- Turkey Wings (Baked)
- Ox tails (Braised) (P)
- Pork Chops (Fried)
- Smoked Pork Ribs
- Prawns (Sautéed/Blackened/Fried)
- Salmon (Grilled/Blackened)
- Salmon (Teriyaki & Brown sugar)
- Garlic Roasted Crab (P)
- Ribeye or NY Steak (P)
- Catfish, Sole or Snapper (Fried)

### Sides

- Soulful Greens
- Mac & cheese
- Candied Yams
- Garlic Noodles
- Garlic Parmesan Asparagus
- Garlic Buttery Mash Potatoes
- Zucchini/Squash/Asparagus Medley
- Herb Roasted potatoes
- Fried Cabbage (sausage and shrimp)
- Green Beans
- White Rice w/Gravy
- Sweet Cajun corn on the cob

### Platters

- Vegetable Platter
- Fruit Platter
- Fruit and Cheese Platter
- Meat and Cheese Platter
- Sandwich/Roll-ups
- Antipasto Platter

### Salads

- Strawberry & Walnut
- Mixed Greens
- Pear & Goat cheese
- Potato Salad
- Macaroni Salad

### Desserts

- Peach Cobbler
- Banana Pudding
- 7-up Cake
- Pecan Pie



## Specialty Catering Menu

### Authentic Taco/Nacho Bar

- Your choice of meat (Steak/Shrimp/Chicken/Ground Turkey or Beef)
- Shredded Lettuce/Pico de Gallo/Guacamole/Shells or Chips/Sour Cream/ Cheese

### Baked Potato Bar

- Loaded
- Fajita Chicken/Steak
- Seafood

### French Fry Bar

- Garlic Fries
- Cajun
- Loaded
- Seafood

### Wing Bar

- Hennessy
- Buffalo
- Mango Habanero
- Lemon Pepper
- BBQ
- Garlic Parmesan

### Brunch Bar

- Chicken & Waffles
- Shrimp & Grits
- Roasted Potatoes
- Cheese Eggs
- Bacon
- French Toast
- Omelet Cups
- Pancakes
- Mimosas
- Sausage
- Pastries
- Fruit
- Peppers & Onions

### Seafood & Boils

- Crab or Shrimp Boil
- Jambalaya
- Gumbo "The Works"

### Lasagna/Spaghetti

- Turkey
- Beef



## Packages/Pricing

1. 1 Meat, 2 sides, and butter roll or cornbread – \$20/pp
2. 2 Meat, 2 sides, and butter roll or cornbread – \$25/pp
3. 3 Meat, 3 sides, and butter roll or cornbread & Salad – \$35/pp

Service is \$25 a hour minimum of four hours

All disposable chafing dishes and Sterno's plus serving utensils are extra.